



**NORTHEAST HARBOR FLEET
Cruising Class
SAILING INSTRUCTIONS
2008**

1. RULES

- 1.1 The races will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2005-2008, except as these rules are amended by these Sailing Instructions.
- 1.2 Handicap Rating: Each yacht shall be rated in 2008 by PHRF New England.
- 1.3 Life Jackets. Youth age 12 and under are required to wear a USCG approved PFD at all times. If the Race Committee hoists flag "Y" (red & yellow diagonal stripes) prior to the Attention gun, all competitors shall wear USCG approved PFDs while racing.
- 1.4 Use of electric winches is permitted (modifies RRS 53).
- 1.5 All boats shall carry a VHF radio and monitor VHF 65; as well as NOAA Chart 13318 or navigation charts covering the same area.
- 1.6 For designated "Non-Spinnaker Races", the PHRF "Cruising" rating shall be used. There is no limitation to the number of crew.

2. ELIGIBILITY AND ENTRIES

- 2.1 NEHF Cruising Class events are open to One-Design and monohull boats, over 20 feet LOA that submit a completed entry, including a PHRF NE Rating Certificate, and/or register before the Attention Signal with the RC Boat.
- 2.2 Please FAX the attached MDI Series Registration/Waiver Form to (207) 276-4233. Or, MAIL to NEHF, PO Box 462, NE Harbor, ME 04662.

3. NOTICE, COMPETITOR INFORMATION AND SIGNALS

- 3.1 Notices, including race results, amendments, and news will be posted on the Official Fleet Website, www.nehfleet.org.
- 3.2 The Race Committee, prior to the Attention Signal of any race, may announce on VHF 65 any amendments, notices, or special instructions to apply to the race that follows.

4. RENDEZVOUS, STARTING AND RACING AREA

- 4.1 The racing area includes Great Harbor, Somes Sound, Frenchman's Bay, and Blue Hill Bay.
- 4.2 The rendezvous location, except where otherwise noted or announced on VHF 65 periodically beginning at 1100 hours, shall be in the vicinity of Fleet Mark "A" between Great Cranberry and Greening Islands.

5. CHECK-IN AND RETIREMENT

- 5.1 Prior to the Attention Signal, all yachts shall check-in with, and be acknowledged by, the Race Committee Signal Boat by hailing on VHF 65, at which time they shall announce to the RC if they are sailing with spinnaker under their "Racing Rating", or electing to sail without spinnaker and to be rated for that race under their "Cruising Rating".
- 5.2 A yacht which fails to check in for a race may be scored DNS (modifies RRS 35).
- 5.3 Yachts retiring shall immediately inform the Race Committee on VHF 65 until acknowledged.

6. COURSES & NUMBER OF RACES

- 6.1 Course signals shall be displayed on a rack located on the Race Committee signal boat prior to the Attention signal, with the first mark to be rounded on top.
- 6.2 A number displayed below a letter indicates the number of times the preceding marks are to be rounded.
- 6.3 Marks shall be rounded to port, unless (a) a green flag is flown above the course board, indicating that marks are to be rounded to starboard, or (b) the letter “S” or “P”, indicating “Round this specific mark to either Port or Starboard” is placed beside the mark letter.
- 6.4 Courses may include turns around islands and shoals as well as government marks and/or NEH Fleet marks.

7. MARKS FOR COURSES

- 7.1 The racing marks and islands to round are as follows in SI 7.3. “Fleet Marks” are orange and white radar-reflecting cylinders located on the Northeast Harbor Fleet Racing Chart.
- 7.2 Except for Spurling Rock FLR 2.5s Bell “R2” between Sutton and Great Cranberry Islands, “R2” on South Bunker Ledge, and “R8” FLR 4s Gong NW of Spurling Point on Great Cranberry Island, all government marks shall be observed except when used as turning marks of the course.
- 7.3 Description of Marks and Islands – Latitude-Longitude minutes are given in parentheses:

- “A” Fleet Mark “A” SE of Eastern Point, Greening Island (16-17)
- “L” Fleet Mark “L” off Seawall Pt. Western Way (15-17)
- “O” Fleet Mark “O” off Sargeant Point near head of Somes Sound (21-19)
- “S” Fleet Mark “S” between Smallidge Point and Greenings Island (17-18)
- “Y” Fleet Mark “Y” between Sand Point and Valley Cove in Somes Sound (18-18)
- “Z” Moveable Inflatable Tetrahedron or Fleet Mark Announced by RC

- 63. 4R QR Bell Western Way Entrance (14-17)
- 64. G1 FIG 4s Gong Long Ledge (13-18)
- 66. R8 FLR 4s Gong NW of Spurling Point on Great Cranberry Island (16-17)
- 68. G5 FLG5s Flasher at mouth of Somes Sound (18-18)
- 70. R2 FLR 2.5s Bell Spurling Rock between Sutton & Great Cranberry (16-15)
- 73. R10 FLR 4s Bell S of Bear Island (17-16)
- 74. R4 FLR 4s Bell of East Point, Seal Harbor (17-14)
- 75. R2 FLR 4s Gong S of East Bunker Ledge (17-13)
- 78. GC “1” East of Baker Island (14-11)
- 79. R4 Bell S of Egg Rock in Frenchman’s Bay (20-9)
- 80. G3 FLG 4s Bell off Old Whale Ledge SE of Schooner Head (20-10)
- 81. Black Island ((11-21)
- 82. Great Duck Island (09-15)
- 83. Little Duck Island (11-15) 84 Sutton's Island (16-15)
- 85. Greening Island (17-18)

8. THE START

- 8.1 The starting line will be between a staff displaying an orange flag on the Race Committee signal boat and Fleet Mark “A”, or a nearby mark.
- 8.2 Except for Pursuit Races, all boats will start together as one class and races will be started in accordance with RRS 26, modified as follows:

Signal	Flag	Sound	Minutes Before Start
Attention	Code Flag F (White w/ red diamond)	1 Sound	10
1 Minute to Warning	Attention Flag Removed	No Sound	6
Warning	Yellow Flag	1 Sound	5
Preparatory	P (blue w/ white square), I, or Z flag	1 Sound	4
1 Minute to Start	Preparatory Flag Removed	1 Long Sound	1
Start	Warning Flag Removed	1 Sound	0
Boats Over Early	Code Flag “X” (white w/ Blue Cross)	1 Sound	

- 8.3 A yacht starting later than 10 minutes after her starting signal may be scored DNS, unless obtaining permission of the RC on VHF 65 at time of start (modifies RRS 35).

9. INDIVIDUAL RECALLS

The Race Committee will endeavor to hail each premature starter either by voice or by VHF. Failure to make such an announcement, to hail some but not all premature starters, or the untimely hail of premature starters shall not be grounds for redress. This changes rule 62.1(a).

10. COURSE CHANGE OR SHORTENING

The course may be shortened (Rule 32) or changed (Rule 33) after the start. In addition, the RC will notify competitors via VHF at the earliest possible time and the message will be repeated at least twice.

11. TIME LIMIT & FINISHING & FINISH LINE

- 11.1 A race will be abandoned if the first yacht has not crossed the finish line by 1800. Yachts that withdraw will be scored DNF and awarded 1 point more than the last place finisher (Changes RRS A4.2).
- 11.2 If the Race Committee is not on station at the finish, each yacht shall record their own finish time (GPS time) when the first part of their hull or sails, in their normal position, cross a line extending from the last mark of the course, perpendicular to the final leg.
- 11.3 The Finish Line, between the RC Boat and nearby Mark, shall be crossed in the direction from the last mark disregarding whether the last Mark was rounded to port or starboard or there are intervening islands.

12. PROTESTS & REQUESTS FOR REDRESS & ARBITRATION

- 12.1 Intention to protest shall be signified to the Race Committee on VHF at the finish of a race until acknowledged by the Race Committee. This changes rule 61.1(a)
- 12.2 Written protests or requests for redress shall be submitted to the Race Committee at the Northeast Harbor Fleet House, in the Office Manager's Office by 1800 hours.
- 12.3 Notice of protest hearings shall be posted by 1800 to inform competitors that are parties or named as witnesses of the time for hearings. Every effort will be made to hear protests beginning at 1800 hours on the day of racing. . Hearings will be held at the Fleet house.
- 12.4 For protests involving an alleged breach of the rules of Part 2 (when boats meet) of the RRS, a short arbitration hearing will be held prior to conducting a protest hearing, where the assigned judges may resolve the protest by assignment of 20% or 40% scoring penalties (or the equivalent in elapsed time) depending on the severity of the infringement. This modifies Part 5 Section B of the RRS.

13. SCORING

- 13.1 All races will be scored using PHRF Time-on-Distance.
- 13.2 Unless otherwise announced by the Race Committee, all yachts will be scored as one class with the top scoring "non-spinnaker" boat being the "non-spinnaker" boat with the best score overall, etc.
- 13.3 The Low Point scoring system of Appendix A4.1 will apply, except that a boat not finishing shall be scored 1 point more than the last place finisher (modifies A9). Rules 30.2 and 44.3 shall not apply. Series ties shall be scored as defined in Appendix A8. DNF and DSQ shall be scored as in A9.
- 13.4 Two completed races are required to constitute an MDI series. A boat's Series score will be the total of her race scores, with no throwouts. However, a boat may elect to be absent from one race and have that race scored as the average of her places in all other races conducted in the Series.

14. PRIZES

- 14.1 MDI Series Daily Prizes are awarded for 1st and 2nd if there are 4-5 boats, 1st-3rd if 6-10 boats and 1st-4th if there are 11+ boats

14.2 Overall MDI Series Prizes will be awarded at the Fleet Annual Meeting

14.3 Separate Prizes will be awarded for the Henry T. Reath Memorial Trophy, Maine Hospice Regatta, Non-Spinnaker Races, Downeast RaceWeek, The August Cruise, the Leukemia & Lymphoma Race, and the FAR OUTChallenge Cup Pursuit Race

15. RESPONSIBILITY

15.1 The safety of a boat and its crew, and the decision whether to start or continue in any race, is the sole and inescapable responsibility of the Skipper who must ensure that the boat is fully sound, thoroughly seaworthy and manned by an experienced and physically capable crew. Neither the establishment of regulations or acceptance of a boat to race in this event in any way limit or reduce the complete and unlimited responsibility of the Skipper.

15.2 The Northeast Harbor Fleet and any sponsors or staff assisting with any of these races do not accept responsibility for loss of life or injury to participants or others, or for the loss or damage to any vessel in any way or from any cause during or related to the race.

2008
NORTHEAST HARBOR FLEET
Cruising Class Registration Form

*This registration form is valid for Reath Trophy, Non-Spinnaker Races, MDI Series, and Far Out Race
Hospice Regatta and Downeast Race Week Registrations are separate forms*

E-mail completed form & 2008 PHRF Certificate to nehfleet@gmail.com

OR

Fax completed form & 2008 PHRF Certificate to 207.276.4233

OR

Mail Completed form & 2008 PHRF Certificate to NEHF PO Box 462, NE Harbor, ME 04662

Skippers' Name _____ **E-Mail** _____

Tel (Summer) _____ **Cell** _____ **Fax** _____

Boat Name _____ **Model (swan 38, etc)** _____ **Sail #** _____

2008 PHRF Racing (spinnaker) Rating _____ **2008 PHRF Cruising (non-spinnaker) Rating** _____

Registration is not complete without a copy of a 2008 PHRF NE Rating

Please bill my NEHF account \$150____ OR Attached is my non-member entry fee check for \$200_____

No fee required for the first race of a guest contestant, however, completion of this form and waiver is required

Waiver: As captain of the above vessel, I agree to be bound by the racing rules of sailing as modified by these instructions and by all other rules that govern this regatta or any one of its races. In consideration for being permitted to enter this event, being knowledgeable of the risks of competitive sailing, including death, and knowing that it is my sole responsibility to decide whether to enter or continue any race, I voluntarily assume the risk of participation in this event and agree to indemnify, hold harmless and release the NORTHEAST HARBOR FLEET and the GULF OF MAINE OCEAN RACING ASSOCIATION, their officers, representatives and the people conducting the event from all liability in connection with any injury or damage that may occur and any claims for negligence, personal injury or property damage which I may have.

Captain's/Owners Signature _____ Date _____